



THEORY OF CHANGE

INPUTS

OPPORTUNITY

It's a challenging time to be a young person. The impacts of Covid 19 have been significant, with increases in ACES and knife crime, as well as a decrease in educational attainment.

Young people can struggle in a mainstream school environment, often due to underlying trauma, experiences and difficulty regulating emotions.

Early intervention reduces risk to a young person, making it easier to set them on a positive life path.

Schools, commissioners and community partners are looking for innovative, collaborative and trusted ways to support young people to stay in positive activities and education, however, there's often a lack of connectivity or trusted pathways to enable this.

Bright Star's proven model provides these opportunities and connectivity across groups and pathways.

LOCAL PLACES & SPACES



COMMUNITY PROVIDERS



VOICE OF YOUNG PEOPLE



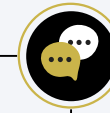
SKILLS & TRAINING



BOXING & SPORTS



121 MENTORING & ROLE MODELS



THERAPEUTIC APPROACH



REFERRAL PROCESSES



LONG TERM

SHORT TERM

GOALS



Young People

Young people are empowered to self regulate their emotions, and take ownership of managing their behaviour and mental wellbeing.



Education and Community Partners

Partners are confident in referring to our programmes and will help us to continuously shape our offer to meet the needs of young people, including those with multiple adverse childhood experiences (ACE's).



Investors

Our funders, commissioners and business partners achieve their goals for young people and their communities.

01

Improvement in behaviour, mental and physical health

02

Increase in local sports memberships

03

Improvement in educational attainment and attendance

04

Better relationships with YP across schools and community partnerships

05

Good SROI outcome

06

Partners advocate and champion success

07

Better support networks for young people

08

Community partners learn and adapt

IMPACT

OUR VISION

Young people are empowered to thrive.

OUR MISSION

Investors, education and community partners believe in the power of activity and work with us in one journey to success.